EduCare®

Preventing Bullying

This programme will provide a thorough insight into preventing bullying behaviour, covering the essential facts to help you understand, recognise and tackle bullying behaviour in your organisation or setting. At EduCare we ensure that all of our training programmes are written and endorsed by experts. This programme is endorsed by experts at Bullying UK and Family Lives, leading experts in preventing bullying.



EduCare®





Programme objectives

This programme provides a thorough understanding to anyone working in an organisation or an education setting on preventing bullying.

- 1. Understand what bullying is, including the five components of bullying behaviour.
- 2. Identify who is affected by bullying, as there are some groups of people who are likely to be more affected than others.
- 3. Understand the part that technology can play in bullying behaviour.
- 4. How to recognise a child who may be being bullied and the damaging physical and emotional effects.
- 5. Recognise the actions you can take to tackle bullying in your organisation or setting.

Key features

- Level 2 programme (as graded against the nationally accepted levels and equivalent to GCSE grades A* - C).
- Four modules with multiple choice questionnaires.
- Four CPD hours with a personalised
- downloadable certificate.
- 70% pass mark.
- Optional narration of each module for accessibility.
- Additional resources for further learning and printable modules for future reference.
- Accredited by Secured by Design and meets national Police approved standards.
- Certificate accredited by Bullying UK and Family Lives.



Target audience

This programme is relevant to anyone working in an organisation or an education setting.





Why choose us?

The online nature of the service makes it a most accessible and cost-effective training model for the full range of professionals who support children and young people in a variety of settings.))

Yvonne Richards. Training and Development Manager, Kidscape

Module Content:

1. What is Bullying Behaviour?

- The definiton of bullying.
- Five key components of bullying behaviour.
- Who is affected by bullying.
- Which groups of people are more likely to be affected bullying.
- Different forms of bullying.
- The role that technology can play. •

2. The Effects of Bullying Behaviour

- The typical characteristics of people who may experience bullying behaviour.
- Those who perpetrate the behaviour. •
- The difference between observing and participating.
- Behavioural signs.
- Effects that bullying can have.

3. Dealing with Bullying Behaviour

- What you can do to tackle bullying behaviour.
- How to break up gangs.
- What to do if you work in a school.
- What to do about bullying in playgrounds and outside of school.
- What you can do to prevent bullying occuring in your organisation.

4. Preventing Bullying Behaviour

 What your organisation and you can personally do to prevent bullying behaviour and stop it when it occurs.





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